



Lee Public Library Bookworm Digest



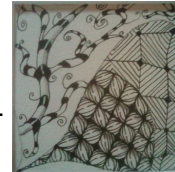
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February/March Artist

Jean Kearney is our February/March artist of the month. Samples of her Zentangle® art are on display in the library. Jean is a first generation quilter and certified Zentangle® teacher who lives in Durham.

Jean welcomes the opportunity to share this beautiful art form with the community. She loves all that this has brought into her life: special people from all over the world, the ongoing intake of awe inspiring talent and art shared, and the meditative and personal growth possibilities this art form offers.



March 2015

Lee Public Library

9 Mast Rd.
Lee, NH 03861

Contact Us:

603-659-2626
leelibrary@comcast.net
www.lee.lib.nh.us.

Backyard Farming Initiative Series 2015

Monday, March 23 @ 7 p.m.

Jeremiah Smith Grange Hall

Five Nights, 10 Farms: Explore your Farming Dreams

This evening's program is being presented by **Pinewoods Yankee Farm and Bluebell Greenhouse**. Pinewoods specializes in fresh cut flowers and floral design, grass-fed beef, composted cow manure, hay and custom field work. Bluebell's specialties include annuals, perennials, cut flowers, vegetable plants, herbs and community supported agriculture.



Sponsored by the Lee Agricultural Commission and Lee Public Library.

Healthy Lifestyles with Dr. Josh Kessler

Tuesday, March 24

7 p.m.

Would you like to experience a natural drug free solution to chronic pain, fatigue, and poor health? Wait no longer! Lee resident, Dr. Josh Kessler will be showing you how to make this dream a reality just as he has for hundreds of others!

This is not a quick fix or gimmick. It is instead a comprehensive approach to your health which you have probably never been shown before. This approach will allow your body to heal itself from the inside out. If you or someone you know and care about would like to take fewer medications or avoid medications altogether, feel happier and more energetic, reverse the aging process, or just want more enjoyment in life, you really can't afford to miss this.

If your well being is a priority in your life, be sure to join us Tuesday, March 24th at 7 p.m. We look forward to seeing you there!

Healthy
Living

Hours

Monday
12-8 p.m.

Tuesday
12-8 p.m.

Wednesday
12-8 p.m.

Thursday
10-5 p.m.

Friday
10-5 p.m.

Saturday
10-3 p.m.

Adult Programs

Book Sale Saturday, March 7 10 a.m.-2 p.m.

Lots of books for sale, @ 6/\$1.00 or 20¢ each.



No Foolin' Just Fun: Adult GameDay



Tuesdays
9:30 a.m.



Come and make new friends and learn some new games! Open to all adults 18 and older.

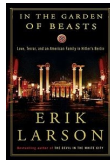
Book Discussion Group Monday March 9 7 p.m.

"In the Garden of Beasts" By Erik Larson

"Larson has meticulously researched the Dodds' intimate witness to Hitler's ascendancy and created an edifying narrative of this historical byway that has all the pleasures of a political thriller....a fresh picture of these terrible events."

—*New York Times Book Review*

Copies of the book are available at the library. All are welcome to participate.



CPR Wednesday, March 4 6-8 p.m.

The McGregor Institute of EMS will be teaching this American Heart Association CPR program. The program is free, but there is a \$20 materials fee.

To register, go to McGregor's community calendar at www.mcgregorems.org/institute.

Knitting for 50+ Alternate Wednesdays 9 a.m.



A drop-in group will meet at the library on Wednesday, **March 4 and 18**. Help is available from instructor, Donna Kay. All levels welcome.

Offered by the Senior Advisory Committee and the Lee Public Library.

Knitting Get Together Tuesday Evenings 6:30-8:00 p.m.



Come and join other knitters for an evening of knitting and socializing. Bring that project you've been meaning to finish and make some new friends. There are no instructors but if you need help with a project you're working on there is a lot of expertise in the group.

"Creating Connections: Building Community Through the Arts"

Zentangle® Workshop Tuesday, March 31 (rescheduled) 6 p.m.

Zentangle® is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. The process of tangling was created by Maria Thomas, a world-renowned calligrapher and Rick Roberts a musician and former Zen monk. Zentangle® art provides endless benefits in areas of focus, relaxation, motivation, education, therapy, and medical and artistic areas. Zentangle® is enjoyed by a wide range of skills and ages and can be achieved by all "...one stroke at a time!" There is a **\$10 materials fee** for this class taught by Jean Kearney.

Limited to 10 ages 15 and up. Please register by calling 659-2626. Co-sponsored by the Lee Library and the Friends of the Lee Library.

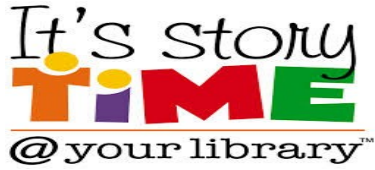


First Aid Wednesday, March 25 6-8 p.m.

The McGregor Institute of EMS is offering a First Aid Certification Course The course teaches adult, child and infant first aid. The program is free, but there is a \$20 materials fee.

To register, go to McGregor's community calendar at www.mcgregorems.org/institute.

Children's Programs



Story Time

Thursday and Friday mornings at 10:30 a.m. Stories, songs, finger plays and a craft.



Rockin' Readers Book Club First Thursday of each month

3-4 p.m.

5th & 6th Graders—Book Discussion. Read and discuss a different book each month.

Take **bus 21**. Please register.

Story Trekkers

Tuesdays, 3:30-4:30 p.m.

Read a variety of authors and award-winning books.

Snacks, games and a craft included. Mastway students ride **bus 23**. Please register. This program is currently filled but we will add names to a waiting list.



If You Give a Mouse a Cookie-Drop-In Craft

Saturday, March 14

Stop by and read the book "If You Give a Mouse a Cookie". Then, make a cute mouse enjoying his cookie!



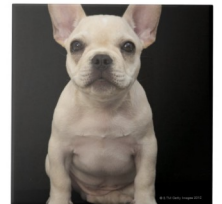
Love Comes on A Leash

Saturday, March 21

10:30 a.m.

Come meet Izzy and her owner Barb Brothwell and find out what therapy dogs do! Listen to the story "Love Comes on a Leash" and then make a cool doggy craft! For grades K-4.

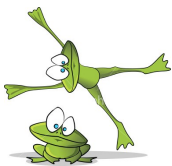
Please register.



Watch For——Frog Walk A Thursday in March or April

3:30 p.m.

Once the snow melts and the frogs start peeping, join us for a frog story, a frog walk led by Catherine Fisher and a fun frog craft! As we can't predict which week the frogs will appear, watch for an announcement. Please register.



For more information visit us on



Or call 659-2626



March 2015 Calendar of Events



Book Sale

Saturday, March 7
10 a.m. to 2 p.m.



Children's Programs

Thursday & Friday mornings @ 10:30 a.m.

March 6 - **Let's Go Riding**

March 12/13 - **The Rainforest**

March 19/20 - **Let's Eat**

March 26/27 - **Piggies**



Story Trekkers - Ages 6-10

Bus 23

Tuesday afternoons

3:30-4:30 p.m.

March 3 - **More Good Books**

March 10 - **Strange Occurrences**

March 17 - **Sea Creatures**

March 24—**Folk Tales**

March 31—**Author Kevin Henkes**



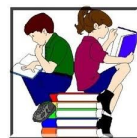
Rockin' Readers Book Club

5th & 6th Graders

1st Thursday of each month

3-4 p.m.

Bus 21



If You Give a Mouse a Cookie

Drop-In-Craft

Saturday, March 14



Love Comes on a Leash

Saturday, March 21

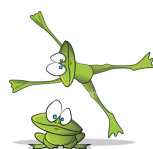
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Adult Programs

Tuesdays @ 9:30 a.m.

Adult Game Day



Tuesdays @ 6:30-8 p.m.

Knitting Get Together



Knitting for 50 & Older

Wednesday 9-11 a.m.

March 4 & 18



CPR

Wednesday, March 4

6-8 p.m.



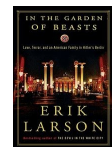
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Healthy Lifestyles with Dr.

Josh Kessler Tuesday, March 24

7-8 p.m.

Healthy Living

First Aid

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Zentangle® Workshop

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